



## 2010 Courses for the Public

All classes are held at Manhattan Fire Station #1.  
Please call (815) 478-3197 ext. 1240 to register.

<b>Date</b>	<b>Course</b>	<b>Time</b>	<b>Cost</b>
January 20	Healthcare Provider CPR	6pm-10pm	\$50
February 20	Heartsaver AED/CPR	8am-noon	\$45
March 25	Family & Friends 1st Aid & CPR for Children	6pm-10pm	Free
April 28	Healthcare Provider CPR	6pm-10pm	\$50
May 8	Babysitter Safety Course	8am-2pm	\$25
June 16	Family & Friends CPR	6pm-9pm	Free
August 11	Healthcare Provider CPR	6pm-9pm	\$50
September 18	Heartsaver 1st Aid w/CPR & AED	8am-3pm	\$65
October 20	Heartsaver AED/CPR	6pm-10pm	\$45
November 13	Babysitter Safety Course	8am-2pm	\$25
December 1	Family & Friends CPR	6pm-9pm	Free

Registration & payment is due the Monday prior to the course.



### **Babysitter Safety Course**

The Babysitter Safety course is designed for ages 11 to 15 years old . Participants can gain the knowledge and skills to be a confident caregiver to infants and school-age children. This class uses video, activities, hands-on skills training and discussion for a complete learning experience. The training educates the participant on how to respond to emergencies, make decisions under pressure, communicate with parents to learn household rules, recognize safety and hygiene issues, manage children, feeding, diapering and caring for infants. Basic CPR and 1st Aid is also included.

### **BLS For Healthcare Provider**

The BLS for Healthcare Provider course is designed to teach skills of CPR for victims of all ages. This course includes the use of ventilation with a barrier device, a bag-mask device, use of an AED and relief of foreign-body airway obstruction. It is intended for participants who provide healthcare to patients in a wide variety of healthcare settings, including but not limited to physicians, nurses, paramedics and emergency medical technicians. Upon the successful completion of this course the participant will receive a course completion card.

### **C.P.R. for Family and Friends**

The C.P.R. for Family and Friends course targets all lay rescuers who want to learn rescue skills for loved ones. This course is designed to teach skills of CPR and relief of foreign-body airway obstruction to all lay rescuers. No course completion card is issued.

### **Family & Friends 1st Aid & CPR for Children**

The Family & Friends 1st Aid and CPR course targets those caring for infants and children, like parents, grandparents or babysitters. This program teaches what to do in the first few minutes until help arrives. This course covers CPR as well as preventing injuries, recognizing and treating basic first aid emergencies. No course completion card is issued.

### **Heartsaver AED**

The Heartsaver AED course is designed to teach the skills of CPR for victims of all ages. This course includes the use of ventilation with a barrier device, use of an AED and relief of foreign-body airway obstruction. It is intended for participants who need a course completion card, other than healthcare workers.

### **Heartsaver 1st Aid With C.P.R.**

The Heartsaver 1st Aid with C.P.R. course is designed to teach skills of General Principles, Medical Emergencies, Injury Emergencies and Environmental Injuries to all lay rescuers. This course also teaches the skills of CPR and the use of an AED. It is intended for participants who are expected to be first responders to a medical emergency. Upon the successful completion of this course the participant will receive a course completion card.