

Manhattan Fire Protection District

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| | Subject: Safety and Medical | Date 4/11/14 SOP# 1008-1 |

PURPOSE

- A. To provide a safe training program to all members of the Fire District.
- B. To provide a medical guideline for all members to follow in the event of a medical situation during a training activity.
- C. To provide a safe training environment and guideline that meets Federal, State, and Local Mandates and to comply with such mandates in the specified time frame.

SCOPE

This policy is designed to provide a guideline for all training activity that occurs during non-emergency situations by on and off duty personnel.

This policy is designed to provide a safe guideline for all members of the Manhattan Fire Protection District. Although the nature of the fire service is inherently dangerous, safety shall always remain the top priority.

It shall be noted that any and all schooling or outside training activity must still follow rules set forth by The Manhattan Fire Protection District.

APPLICATION

Safety

As stated safety shall always remain the number one priority on all trainings. At anytime that an unsafe practice is noticed, the training must be stopped and the corrective measures and/or actions taken to correct this practice. This also includes any conditions that are unsafe. Although injuries can happen during training exercises, it is the goal and mission of the training division to minimize any and all risk that could harm an individual during training. To assist with safety please follow the following guidelines:

1. Instructors shall maintain control of their assigned class at all times.
2. Instructors shall monitor all members for use of proper PPE during any physical training.
3. Instructors shall monitor conditions of training location.
4. The Training Division will make every attempt to provide (2) Instructors for drills done outside of the classroom setting or drills that are done at the Company Officer level.
5. All members will be advised to stretch and warm up prior to any physical training.
6. Anytime that a large scale drill is attempted, a 3rd officer may be called out to act as a safety officer.

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7. Instructors will review and study assigned outlines for the training session that they are assigned.

If at any time a member of the Fire District is attending a class or training outside of the Fire District, it is the responsibility of that individual to make every effort to maintain his/her safety. If the District member is ever in a situation that they feel is unsafe, then they are encouraged to advise any and all instructors prior to continuing with the drill.

Medical

The Manhattan Fire Protection District realizes that during training exercises injuries and/or medical situations can arise. If in the case of an injury or medical emergency please follow these guidelines:

1. All Injuries/Medical emergencies are to be treated serious.
2. Medical attention to the injured or sick employee is a priority and training must stop if necessary.
3. The on duty Chief or his/her designee shall be notified.
4. Documentation of the incident shall be completed at the conclusion of the drill. (Policy 4.18)
5. Physical trainings should use the MABAS Division Rehab policy.
6. If prior to a drill a member states they are experiencing any type of medical problem than the on duty Chief/Company Officer needs to be notified. These types of situations may be handled on a case by case basis. But ultimately the decision must be made if a member is unfit to participate in a drill then how can we declare them safe to perform their duty as a Firefighter
7. If prior to or at conclusion of any physical drill a members vital signs do not fall in the parameters set forth by the Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 7) (<160 / >90 systolic and <110 diastolic), then a follow up with the department physician or an emergency room physician is the only solution prior to returning to work.
8. Any affected member shall be treated appropriately and transported by department vehicle to the District's designated emergency facility and the lead instructor or company officer shall generate a run report with dispatch. He/she shall also make internal notifications to the Chief, etc..

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9. The affected member does have the option to refuse treatment, however it shall be the responsibility of the supervisor to refer to the On Duty Illness/Injury Reporting Policy for further action.

If at any time a member of the Fire District is attending a class or training outside of the Fire District, it is the responsibility of that individual to follow this guideline in regards to medical emergencies. The safety and health of our members shall always take precedence over any activity whether it is in the boundaries of the Fire District or outside.

Chief Signature Daniel Forsythe Date 4/11/14